



NELSON LAKES TUNA E HOE ANA  
ALPINE WAKA AMA EVENT

Maitahi Outrigger Canoe Club invites you to:

# **Tuna e Hoe Ana**

**"Paddling with eels" -  
the unique alpine waka ama experience**

Friday February 24 & Saturday February 25, 2012

Lake Rotoiti, Nelson Lakes



## Race overview

- Exciting races for W6s, W1s and 2s, and SUPs
- Fun relay format to allow crew member changes
- Water changeovers encouraged – go on, give it a go!
- Spectator-friendly course
- Fantastic location surrounded by mountains and bush
- Friendly atmosphere



### Registrations

**Closing date:** Friday February 10, 2012. No late entries will be accepted.

**Entry fees:** Must be paid on registration – *no payments accepted on race day.*

**Registration queries:** Sally Grimmett: email [grimmett@xtra.co.nz](mailto:grimmett@xtra.co.nz), ph 021-548-072

**Waka inquiries:** Contact Peter Bywater if you have waka available for others to use or require waka. Email: [peterbywater@hotmail.com](mailto:peterbywater@hotmail.com) or mob 027-430-2001

## Race Format

### Distances:

W6 rangatahi and novice	10km	2 laps of the course (in Kerr Bay)
W1 and W2	10km	2 laps of the course
W6 open/masters	20km	4 laps of the course
SUP	5km	1 lap of the course

### Crew numbers:

**W6:** up to 9 paddlers allowed

**W2:** up to 4 paddlers allowed

**W1:** up to 2 paddlers allowed

**NOTE:** Crews changing paddlers will paddle a slightly shorter course than crews that don't. This will compensate for the time lost doing changes.

### Crew changes:

- Crew changes can be made in the water or on the beach, at the end of each lap of the course.
- There will be a designated area for changeovers.
- Water changes will be made using a floating pontoon in the lake.



## Itinerary Friday February 24

**4pm on:** Participants in W1, W2, SUP races register at Kerr Bay

**Everyone must register**

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*Event 1:* W1 Novice Men, 10km  
W1 Open Women, 10km  
W1 Master Women, 10km  
W2 Women, Mixed, 10km  
Stand Up Women, 5km

**4.30pm:** Waka and equipment inspected

**4.45pm:** Race briefing

**5.00pm:** Race start

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*Event 2:* W1 Novice Women, 10km  
W1 Open Men, 10km  
W1 Master Men, 10km  
W2 Open Men, 10km  
Stand Up Men, 5km

**6.00pm:** Waka and equipment inspected

**6.15pm:** Race briefing

**6.30pm:** Race start

## Itinerary Saturday February 25

**7.30 am on:** Participants in W6 races register (all crews must register)

**8.00am:** Karakia

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*Event 3: W6 Rangatahi, W6 Novice, 10km*

**8.00am:** Waka and equipment inspected

**8:15am** Race briefing

**8.30 am** Race start

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*Event 4: W6 Open/Masters Women, W6 Open/Masters Mixed, 20km*

**9.30am:** Waka and equipment inspected

**9.45am** Race briefing

**10.00am** Race start

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**12.00pm** Lunch break and fun races for locals

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*Event 5: W6 Open/Masters Men, 20km*

**12.30pm:** Waka and equipment inspected

**12.45pm** Race briefing

**1.00pm** Race start

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**4.00pm** Prizegiving, Lake Rotoiti Community Hall, main road St Arnaud village (see map)

**5.00pm** Dinner, Lake Rotoiti Community Hall (BYO beverages – no bar)

## Race Rules

### WAKA:

All waka must meet NKOA safety requirements. W1, W2 can use rudders.

### SAFETY EQUIPMENT:

- Lifejackets: All waka must carry an MNZ approved lifejacket for each paddler. Rangatahi crews must wear their lifejackets.
- Sprayskirts: optional.
- Bailers: All W6, and W1s and 2s with cockpit, must carry a bailer.
- Spare paddles: all waka must carry 1 spare paddle .
- SUP paddlers: must wear a flotation device and have a leash connected to their leg.

### CREW EXPERIENCE:

All paddlers must be suitably skilled to handle expected conditions, capable of swimming in open water conditions, and capable of righting and bailing an overturned or swamped waka. It is the responsibility of the captain to ensure that this is the case.

### SAFETY:

The race director has the discretion to withdraw any competitor or crew, who they believe will endanger people's safety.

### ASSISTANCE:

If a crew requires assistance during the race, paddlers should hold their paddles up to attract the attention of the support boat.

### DRESS:

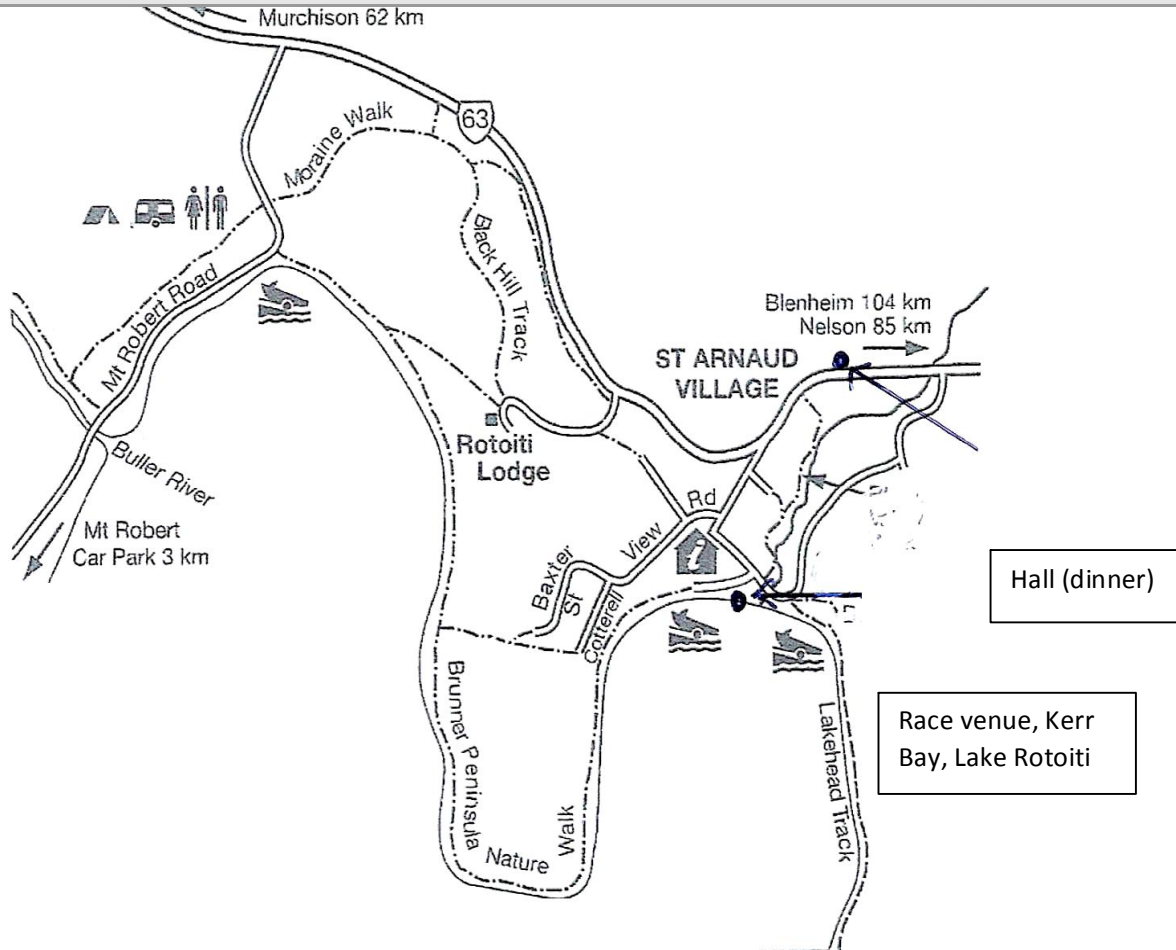
Polypros/merino are recommended.

### CRITERIA FOR RACE CATEGORIES:

- Novice: Paddling for a year or less. Novice W6 can have an experienced steerer.
- Rangatahi: 12 - 16 years old
- Mixed: must have a minimum of three women paddlers.
- Masters: Women at least 35, men at least 40 .

## Useful Information on Lake Rotoiti

### Map:



### What you need to know:

Lake Rotoiti is in the Nelson Lakes National Park, near the village of St Arnaud. There are no ATM machines in St Arnaud.

As it's a national park, no dogs are allowed at the lake.

The lake has didymo, so boats and other equipment used on it should be cleaned and dried after use if they're going to be used on another freshwater waterway (see [www.doc.govt](http://www.doc.govt))

## Accommodation options

### **Backpacker accommodation**

Alpine Lodge - \$27 per person, bedding provided (bring own towel)

Website: [www.alpinelodge.co.nz](http://www.alpinelodge.co.nz)

Email: [enquiries@alpinelodge.co.nz](mailto:enquiries@alpinelodge.co.nz)

ph 03 521-1869 Reservations toll free 0800 367 777

### **Units and self-contained apartments**

Alpine Lodge – see website and contact details above

### **Motel accommodation**

Nelson Lakes Motels

Website: [www.nelsonlakes.co.nz](http://www.nelsonlakes.co.nz)

Email: [info@nelsonlakes.co.nz](mailto:info@nelsonlakes.co.nz)

Ph 03 521-1887

### **Holiday houses**

[www.starnaudholidaycottages.co.nz](http://www.starnaudholidaycottages.co.nz)

### **Campsites**

There are campsites at the DOC campsite at Kerr Bay, where the race is based. Bookings are recommended as it's a popular spot.

[www.doc.govt.nz](http://www.doc.govt.nz)

Thanks to the Alpine Lodge and Nelson Lakes Motels for supporting our event.

